Loss of a job Loss of family structure Loss of faith Loss of health

> Loss of a life



What Does God Say... About Grief and Ways to Avoid Depression?



Who Should Attend This Workshop?

- All who have suffered a loss
- All who want to prepare themselves for loss
- All who want to learn more about helping others deal with loss

Seminar Schedule

Example of Possible Seminar Schedule Congregations have used Friday/Saturday night and Sunday format very successfully... Topics can also be varied according to your needs We can customize any way you choose

Saturday

8:00 -	Registration and Continental
8:30 a.m.	Breakfast
8:30 -	"What a Person Should Know
9:15 a.m.	About Grief and Loss"
9:25 -	"Dealing with the Pain of Grief
10:15 a.m.	and Loss"
10:25 -	"Dealing with the Emotions of
11:15 a.m.	Grief and Loss"
11:20 -	"How to Continue to Live in
12:00 noon	Grief and Loss"

Sunday

Bible Class Options "How to Minister to the Hurting" and/or "How to Talk to Children About Grief" <u>AM Worship Service</u> "What the Bible Says About Grief and Loss" <u>PM Worship Service</u> "What Can This Congregation Do to Help People in Grief?"

Possible Extra Session before PM Worship

"Ministering to Widows and Widowers" and/or "What Christians Need to Know About Depression" and/or "Grief and the Holidays" "Facing Life's Ossues of Grief" Workshop



Instructors: Ron Williams Don Williams

Co-Authors of: Walking With Those Who Weep: A Guide To Grief Support

Hope For Those Who Struggle — Coping With the Losses of Life By Don Williams

Don Williams

Don is a third generation preacher, following in the footsteps of his grand-father J.E. Williams and his father Joe Williams of Northport, AL. He graduated from FHU in 1979 and received his Masters in Ministry from Harding Graduate School of Religion in 1984.

After 30 years in Ministry, Don has worked for the last two years as the Executive Director of the North Alabama Christian Children's Home.

For 18 years he has taught an area grief support class. Some 500+ people have benefited from these classes. In addition, he has spoken on various facets of grief to preachers, nurses, Chaplains and health care professionals. He is a Palliative Care chaplain with E.C.M. Hospital, and a Volunteer Fire Chaplain and Police Chaplain for the Sheriff's Department of Lauderdale County.

In 1996, he and his twin brother Ron wrote a grief book entitled *Walking with Those who Weep-A Guide to Grief Support.* In October of 1999, Don completed a second book on grief that serves as a sequel to the other one. It is entitled *Hope For Those Who Struggle-Coping with the losses of Life.* This book is in its third printing. In April of 2000, Don completed a four year certificate of completion in the field of Thanatology (study of death) from the University of Alabama College of Continuing Studies.

Don is married to his wife Leisa for 32 years and she is a high school math teacher in Sheffield. They have 2 sons, Matt and Ben. Matt is married to the former Amanda Savage, and they have a four year old son named Braden, and a two year old daughter named Kenzlee. Ben is married to the former Hailey Tate. Don enjoys tennis, basketball, and yard work. He is a big Alabama football fan.



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Ron Williams 1307 Meridian Street Huntsville, AL 35801 256-851-9060 -- home 256-536-7211 -- church ron@lincolnchurch.org

Ron Williams

Ron graduated from FHU with a B.A. degree in Bible in 1979 and received his Masters of Science in Counseling in 1997 from Southern Christian University in Montgomery, AL. He has served in ministry since 1978 and is currently the pulpit minister for the Lincoln Church of Christ in Huntsville, AL where he has served since 1997.

Ron has served as a member of the FHU Advisory Board and is a chaplain for the Alabama Department of Public Safety and State Trooper Office for Madison County.

Ron is co-author with his twin brother, Don, of the book, *Walking with Those Who Weep: A Guide to Grief Support*, now in its 7th printing. Ron is also a contributing author for the book, a *Redeeming the Times: Addressing Issues of the Church in the Present Age*, edited by Dyer, Haynes, and Jenkins, 2004.

Ron has taught community grief support classes since 1992 and has conducted grief education classes for congregations, ministers, funeral homes, and hospitals. He has also been involved in facilitating "Dealing with Grief and Loss" seminars for congregations and other agencies since 1998. He has served as Associate Chaplain for Crestwood Medical Center in Huntsville. He has led a monthly grief support class in association with Laughlin Funeral Home and the Huntsville-Madison County Senior Center. He is a certified hospice worker. He has taught classes in Bible and counseling and personal development for Faulkner University.

Ron is married to his childhood sweetheart, Bonnie Lawler (1978). Bonnie teaches English at Bob Jones High School in Madison, AL. They have two sons, Jon Michael, a firefighter, who is married to Whitney Hopper, a grandson, Luke, and another son, Stephen, who lives in Huntsville and works in the restaurant industry in town.